

JAC Final Countdown Final Meet

Information

Saturday, August 4th

Location: The Bolles School, 7400 San Jose Blvd, Jacksonville, FL 32217

Parking: You can park right next to the football stadium. When you enter campus at the front gate, you take a left at the first stop sign and the football stadium is straight ahead.

Admission: Free

Packet Pickup: You can pick up your bib numbers at the finish line when you arrive at the meet.

Check in: Heat sheets will be posted online on Friday, August 3rd at www.jactiming.com. All running events, with the exception of the women's 100mH are timed finals, no need to check in prior to your event. Just show up at the start line before the event starts.

Final Time Schedule

12:00pm- Hammer Throw, Pole Vault

1:00pm- Shot Put (Discus and Javelin to follow), Long Jump

2:00pm- Triple Jump

2:45pm- High Jump

4:00pm- 100m Hurdle Prelims

4:45pm- 100m Hurdle Finals

4:55pm- 110m Hurdle Finals

5:10pm- 100m Finals

5:25pm- 1 Mile Run Finals

5:35pm- 400m Finals

5:45pm- 800m Finals

6:00pm- 200m Finals

Men and Women will compete together for all field events, running events are women followed by men

Results: Full results will be posted on www.jactiming.com and www.directathletics.com at the conclusion of the event