

**Sample Recruiting Email to College Coach**  
**Jacksonville Athletic Club**  
[www.jaxtrack.com](http://www.jaxtrack.com) @JAC\_TrackField

---

TO: [jumpscoach@ju.edu](mailto:jumpscoach@ju.edu)  
CC: [headcoach@ju.edu](mailto:headcoach@ju.edu)

Coach Griggs,

Hello, my name is Terry Parker, and I am a junior at 2nd Coast High School, here in Jacksonville, FL. I compete in the long jump, triple jump, as well as short sprints. I am 6'2" and weigh 175lbs. My coach, Nathan Sims, has told me great things about you, as well as the JU program. I am writing to express my interest in learning more about your program.

My current PR's are as follows:

LJ- 22'9"  
TJ- 46'11"  
100m- 11.20 FAT  
200m- 22.64 FAT

My current gpa is 3.75 (unweighted), and I scored a 24 on the ACT. I will be taking the ACT again, as well as the SAT next month. I have registered for the NCAA Clearinghouse, and my ID# is 155478924

I am going to fill out the recruiting questionnaire soon, but wanted to touch base with you to let you know of my interest in your program. I was also curious if you could give me some scholarship guidelines for the events that I do.

I look forward to hearing from you soon!

Thanks,

Terry Parker  
904-875-6658

\*\*\*\*\*

- Notes:
- Keep it simple!
  - Include height, weight, pr's, grades, test scores, and Clearinghouse ID (coaches want this info, and will ask for it if you don't provide it)
  - Be honest in your pr's. If you fib, coaches will most likely stop recruiting you
  - Include your phone number in the email
  - You do not have to include your coaches info unless you want to
  - No need to include placements and / or awards won
  - Have a professional email address (ex. [sexytrackprincess@yahoo.com](mailto:sexytrackprincess@yahoo.com) might need to be changed)